



What instruments can you find in your kitchen?

Can you find something metal, something wood and something shakey in your kitchen? Watch the video for some ideas and then join in with your new instruments.

Kitchen Music with Music Rhapsody



## Let's go for a journey on the sea!

Can you move like the waves on the sea? Can you fly like the seagulls? Can you move your arms like the crashing lightning? Can you pull up the sails like the pirates in this story of a stormy sea?

A Storm is Coming!



Create your own 'boat journey soundscape! Using your new kitchen instruments find one that sounds like a ship

Using your new kitchen instruments find one that sounds like a ship sailing on a calm sea. Will you use a wood, metal or shakey instrument? Try saying "Sailing sailing on the sea" as you play your instrument. Now which instrument sounds like the crashing waves, thunder and lightning on a stormy sea? Try saying "stormy sea!" as you play your instrument.



Use this table to help you plan your 'Boat journey soundscape' by asking a grownup to point at the picture as you play your instruments.

- Now try using different instruments to show the calm sea and the stormy sea. Which instruments work best?
- Ask a grownup to record your 'Boat journey soundscape' with a mobile phone or tablet.