



Week 1

1

Let's sing!

There's no better way to start the day than to shake your sillies! It's time to learn the song -

'Shake your Sillies out'

with Beccy at Sing Up at Home.

2

Listen...

There are sounds all around us, you might hear the sound of pots and pans clanging or birds tweeting. Watch this video from BBC Bitesize -

'Sound effects and talking about sound'

What other sounds can you hear?

Can you find objects around your home or classroom that make interesting sounds?

3

Play along with..

'Soul Bossa Nova' by Quincy Jones

played by the BBC National Orchestra of Wales.

Have fun playing your found sound along with the video.
Now try a different sound, which sound do you like best?

- Can you find something metal, wooden and plastic to play?
- Can you find things you can scrape, tap and shake too? e.g. metal/wooden spoons or a plastic box with rice in it.
- Now play your sound loudly and quietly, which way do you like best?
- Ask a grownup to play different objects with you, maybe you can make a 'found sounds' band! Have fun!

