

MUSICIANS AT HOME



Music at Home uses a variety of websites, videos, books and songs to create an interactive fun learning experience. As with all online and musical learning programmes, please take appropriate measures to ensure your child's safety. We respectfully suggest that children are not left unsupervised when completing tasks, especially for the online activities. Edsential is not responsible for external sites which may contain inappropriate images and content unsuitable for children

Week 1

1

How do you start your day?

With a big stretch, a long yawn, perhaps a vigorous wiggle..... Why not try singing a song to put you in a good mood. Click on the link to sing:

[Wake Up Shake Up](#)

2

Did you know.....?

Pulse is a steady beat like a ticking clock or your heartbeat. Check your pulse using your index and middle fingers at the side of your neck.... Is it beating fast or slow?

A **rhythm** is made up of patterns of long and short sounds. Click on the link to find out more:

[BBC Bitesize](#)

Pulse and rhythm

3

Listen to this.....

[Steve Reich's Music for 18 Musicians.](#)

This piece uses repeated rhythmic patterns. A repeated pattern is called an **ostinato**. Can you create your own rhythmic **ostinato**?

- Choose 2 of your favourite animals
- Say their names out loud and clap the syllables..... repeat several times
- Now add the name of another animal.... repeat
- Finally add the name of another animal

Ask a member of your family to clap the **pulse** whilst you clap your animal **rhythmic ostinato**. Can you keep in time with the **pulse**?

El - e - phant, Mon-key, Kang-a-roo Snake