

## Edsential School Activity Challenge – Setup guidance

### Things schools will need to do before we arrive on Monday and while setting up the bands:

1. The schools Wi-Fi password will be needed to allow us to connect to the internet. Please ensure the class teacher who will be using the bands has this written down before we arrive.
2. Schools will need to print/ fill out the pupil tracker sheet below. This will need to be filled in as you are giving the bands out to children. We do not need to see this information it is just for you to identify which child had which band. Schools should keep this information as our report of your data will not contain any names just pupil numbers. All the data we receive will be anonymous.

### Getting Started:

1. **Charging.** Bands should be fully charged when they arrive at school. If any bands do need charging throughout the week, they can be plugged into any USB charger/ port. To do this, remove one of the straps on the watch by pulling the strap DOWN. Do not pull the strap up as this may break the charging connector inside.
2. **Setting up the Apple TV box.** The Edsential member of staff will set up the Apple TV box for you. It will need to be connected to the school's Wi-Fi for the duration of the week and so MUST remain plugged in and switched on at all times. Once the Apple TV box is connected to the Wi-Fi, click on the iActive logo and leave this programme running for the duration of the week. Once it is open, the HDMI cable can be unplugged and the box can just be on in the background. If it is turned off, the bands will not be able to sync.
3. **Syncing bands. ??**
4. **Viewing the data.** Data can be viewed throughout the day in real time on each individual watch. We suggest that you talk to children (especially those in Key Stage 2) about the number of steps they have completed regularly throughout the day, both from a physical health point of view but also from a mathematical point of view. The watches can easily form the basis of practical maths lessons or challenges throughout the day.  
  
Data can also be viewed through the Edsential PE Passport app. The Edsential member of staff will ensure that your iPad is logged into our iActive PE Passport account. To access this, open the PE Passport app. Click on 'Healthy Happy School' in the menu and then long-press (press and hold briefly) on the 'Walk the World' icon. Data can then be viewed in different types of charts or numerically.
5. **Returning the bands.** The bands will be collected after 3pm on Friday. Please ensure that each band is returned to the correct numbered box. Bands do not need to be charged before we collect them. Please ensure that all bands are in-tact and stored together for us to collect.
6. **Data report.** You will receive a full report of your data the following week. The report will outline:
  - Levels of physical activity across the week
  - Levels of activity across different times of the day
  - Average number of steps per day across the week
  - Most and least active children
  - Suggestions for improving physical activity levels for the group based on the above.

Class using the bands:		
Pupil (first name only)	Band number	Comments
	1	
	2	
	3	
	4	
	5	
	6	
	7	
	8	
	9	
	10	
	11	
	12	
	13	
	14	
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