

Health and Safety Risk Assessment

Establishment: **Edsential** Risk Assessment for: **Outdoor PE and Physical Activity delivery**
 Carried out by: **C. Sutton** Date: 1/9/2020

Hazard	Risk H M L	Persons at Risk	Control Measures	Comments / Action	Residual Risk Rating H L M
Safe environment	M	Children and staff	<ul style="list-style-type: none"> -Check perimeter of learning area for unsafe immovable objects (Walls, cage area, playground obstacles/apparatus) -Check perimeter for unsafe moveable objects (stones, glass, playground equipment, other debris) -Check learning area for weather related unsafe surfaces (puddles, slick wet surface, ice, snow) 	<ul style="list-style-type: none"> -Clearly indicate no go areas during lesson introduction, using markers if necessary. -Ensure area is properly tidied before lesson takes place. -Adjust lesson appropriately to account for weather conditions/surface issues. 	L
Minor accidental injuries (slips, trips falls)	M	Children and staff	<ul style="list-style-type: none"> -Remove potential hazards that may cause trips/slips/falls. -Children to dress appropriately for outdoor P.E. (trainers with grip/ boots if using astro/grass surfaces) to reduce risk of falling. Also to wear appropriate clothing for P.E. if outdoors and in cold weather. -remove all jewellery 	<ul style="list-style-type: none"> -Adjust lesson accordingly for children not dressed correctly. -Self treat with cold compresses or inform first aider to apply treatment if necessary. -Ensure first aider is nearby, and available if needed during lesson. 	L
Minor sport related injuries	H	Children	<ul style="list-style-type: none"> -Explain techniques and skills clearly to ensure activities are completed correctly and safely. 	<ul style="list-style-type: none"> -Make sure that all equipment is in good 	

			<ul style="list-style-type: none"> -Children to dress appropriately for outdoor P.E. (trainers with grip/ boots if using astro/grass surfaces) to reduce risk of falling. -Ensure children are playing against other children of similar ability/ physicality, particularly in contact games. -remove all jewellery 	<ul style="list-style-type: none"> condition and is being used correctly. -Adjust lesson accordingly for children not dressed correctly. -Self treat with cold compresses or inform first aider to apply treatment if necessary. -Ensure first aider is nearby, and available if needed during lesson. 	
Major accidental injuries (gashes, sprains, breaks, loss of consciousness)	H	Children and staff	<ul style="list-style-type: none"> -Remove potential hazards that may cause accidents. -Children to dress appropriately for outdoor P.E. (trainers with grip/ boots if using astro/grass surfaces) to reduce risk of falling, -remove all jewellery. -Ensure areas are clear for any throwing skills/using equipment that could injure e.g. Lacrosse/Hockey sticks. 	<ul style="list-style-type: none"> -Phone ambulance immediately and stay with injured person. -Contact school if away from building and ensure parents are contacted. -Ensure first aider is nearby/available for the lesson 	
Major sport related injuries	H	Children	<ul style="list-style-type: none"> -Explain techniques and skills clearly to ensure activities are completed correctly and safely. -Children to dress appropriately for outdoor P.E. (trainers with grip/ boots if using astro/grass surfaces) to reduce risk of falling/use of gum shield if required (e.g. hockey). -Ensure children are playing against other children of similar ability/ physicality, particularly in contact games. 	<ul style="list-style-type: none"> -Phone ambulance immediately and stay with injured person. -Contact school if away from building and ensure parents are contacted. -Ensure first aider is nearby/available for the lesson 	

The following additions have been made in line with updated guidance in relation to workplace safety during COVID-19.

Hazard	Risk H M L	Persons at Risk	Control Measures	Comments / Action	Residual Risk Rating H L M
Spread of COVID - 19	H	All staff (inc. clinically extremely	<u>After School Clubs</u>		Low

		<p>vulnerable & clinically vulnerable individuals). Visitors Contractors Drivers Anyone else who physically comes in contact with the business</p>	<p>The children included in any after school will be at the discretion of the school and in line with their own risk assessments</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> • All activities to be delivered outside when possible. Activities may be adapted depending on weather conditions but will remain outside. • Activities planned to minimise contact between pupils • Equipment is cleaned or left unused for 72 hours if used between bubbles • Sharing of equipment is minimised within a group • Pupils arrive outside to clearly defined working areas. • Staff and pupils reminded of the guidelines specific to the lesson about to be taught and in line with social distancing guidelines <p><u>Specific Activity Provision</u> Equipment</p> <p>Social distancing will be maintained if possible through adapted activities including versions of athletics style activities, cricket/rounders and football. Developing individually skills will be included to eliminate the needs for a sharing of equipment.</p> <p><u>Arriving and Leaving</u></p>		
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When arriving minimise time indoors. If possible, staff to go straight outside after signing in.

Arrange for pupils to be brought outside to the designated area at the designated start time and not earlier (if possible).

Arrange for any equipment to be available in the activity area before the start of the lesson.

All pupils/young people to have toilet breaks before the start of the session. Including washing hands.

When leaving, wait for pupils and young people to return to their area/classroom. Leave with minimal indoor time.

Staff will plan how they will get to the designated outdoor area in the safest way possible.

Plan leaving time to avoid end of the school day or find an alternative exit. Park cars suitably to allow this to happen.

Staff

Edsential staff will stop any session that they feel has become unsafe and does not follow the control measures set out above. This may include the absence of a member of school staff (if applicable), social distancing no longer being followed.

In the case of a member of staff working with a pupil or a member of school staff who develops symptoms and/or tests positive for Covid-19, this member of staff will need to self isolate for the identified period. This may impact on the

			continuation of delivery in that school for the duration of this period.		
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Signed:	Copies passed to: risk assessment file
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