



P.E. Premium - The Outdoor Adventure P.E. Curriculum



A fun, innovative curriculum that goes way beyond your expectations - not only fulfilling the P.E curriculum but linking with other subjects. This offer fulfils the P.E Premium criteria, ensuring your pupils increase **confidence, self esteem** and **build resilience** by integrating outdoor adventure into your schools regular delivery.

The P.E Outdoor adventure offers activities that will **encourage engagement** and **increase participation**, whilst developing knowledge, confidence and skills within your team, ensuring **sustainability** - a key focus of the P.E Premium.

Contact:

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THINK OUTSIDE

Engage, Enjoy, Explore, Enrich

P.E. Premium - Learning Outside the Classroom Packages

Learning Outside the Classroom (LOTC) is one of the most innovative ways you can extend P.E & Sport funding. It is a programme designed to support all pupils within your school, particularly for those that struggle with traditional P.E activity. This offer will make your P.E curriculum engaging and enjoyable for all, leading to increased participation, motivation, confidence and expertise within your school.

All of the products are available on a PAY AS YOU GO basis.

■ FULL SCHOOL P.E LEARNING OUTSIDE THE CLASSROOM DEVELOPMENT OFFER: £4650

Course	Activity	Duration / cost
Develop Learning Outside the Classroom (LOTC) practice and policy within your school to support regular physical activity	Our advisory team will work with you to develop your LOTC provision in school: <ul style="list-style-type: none"> • Create policy that allows you to extend provision and competition through non-traditional physical activities • Help in communicating the policy to the whole school community • Prepare for the LOTC quality badge accreditation • Engage and develop the outdoors so that it becomes part of the school ethos • Support ground enhancement 	4 half day sessions £700
Curriculum Adventure Activities for Primary Schools. Endorsed by CLOtC and AfPE	<ul style="list-style-type: none"> • Comprises 30 x 40 minute lessons linked to specific learning objectives • Suitable for KS2 colleagues who may have limited expertise • Embeds Outdoor and Adventurous Activities within your PE scheme of work, directly linking to the National Curriculum • Includes information on expectations and assessment • No specialist equipment or outdoor adventure training required • Separate lesson plans for years 3,4,5 and 6 within Key Stage • Designed by Physical & Outdoor Education experts 	1 twilight session £360 (includes 1 pack of resource books/lesson plans covering each year of KS2)
Orienteering CPD and delivery	A 6 week orienteering programme offering support to help your staff map the school grounds and develop resources to deliver this activity as a sustainable sport within the grounds of your school. Orienteering can be a great fast paced competition, inspiring children outside the classroom. The course also offers support to link with local groups and clubs for life-long learning.	6 half days sessions 1 Day mapping £1500
Triathlon with a twist	Think orienteering, canoeing and mountain biking. A competition with a twist and an amazing celebration day with other schools. There is a minimum of 8 entries per school supported by community groups, providing links and access to community clubs.	1 full day £276 for 8 pupils (£34.50 per additional pupil)
High quality delivery in outdoor learning - i.e climbing, canoeing, orienteering	This 6 week outdoor programme aims to exceed the aims of the P.E curriculum in an alternative way that is designed to promote increased participation and engagement (whilst attaining national governing body awards and the John Muir award). This course could be followed by further skill progression at one of our residential centres.	6 half day sessions £1450 Spring/summer term only Based on 1:10 Ratio
Visit Leader training*	Ensure your school meets the statutory requirement of health and safety when taking physical activity beyond the school gates - so you can lead outdoor visits with confidence. This training can take place at one of our centres or in a school setting.	One day (max 20 staff) £495
P.E and Learning Outside the Classroom Conference	Innovative ideas of how to deliver your P.E curriculum, including: <ul style="list-style-type: none"> • Inspiring P.E/LOTC Workshops with lesson plans • National experts and key note speakers • How to make the curriculum engaging and enjoyable • Curriculum enrichment & what outstanding looks like • Holistic benefits of LOTC 	£130 per person
Easter Holiday Engagement through Adventure Activities - Closing the gap**	A fun, holistic approach to health and fitness, this course will prove to be a positive life changing experience. Improve social, mental and emotional health and learn to love physical activity through the environment, team-work and non-traditional outdoor activities. Opportunities for parental engagement are also available. <ul style="list-style-type: none"> • Week 1: 3 days week delivered in onsite and local area • Week 2: Half a day session followed by a 2 day residential journey 	£285 per pupil. A minimum of 20 young people are required. School clusters can work together to reach numbers required.

* if already Visit Leader trained, this could be swapped for Risk assessment/Evolve/Emergency planning and critical incident training

** not including Easter Holiday Engagement through Adventure Activities' - Closing the gap

■ MINIMUM ANNUAL SUBSCRIPTION (SLA): £2895

Course	Activity	Duration / cost
Minimum Annual Subscription (SLA) (already included in Full Package)	<ol style="list-style-type: none"> 1. PE, Sport and LOTC Newsletter 2. Develop Learning Outside the Classroom to support physical activity 3. 6 week orienteering programme 4. One place on the PE & LOTC Conference 5. Curriculum Adventure Activities for Primary Schools (CAAPS) 6. Choice of Visit Leader training/Risk assessment/Evolve/Emergency planning and critical incidents 	£2895 per annum

For more info call **0151 541 2170** or visit **www.edsential.com**