

Edsential are proud to be working in partnership with Carnegie School of Education at Leeds Beckett University and the University's '*Carnegie Centre of Excellence for Mental Health in Schools*' – the first centre of its kind in the UK. The Mental Health Award is for Primary and Secondary schools.

The School Mental Health Award

The Department for Education recognises the direct link between positive mental health and successful educational outcomes; the Mental Health Award for Schools builds on this link and provides a framework for educational institutions to evidence policies and initiatives that work towards improving emotional health and wellbeing for both staff and pupils.

The award ensures schools are using evidence-based approaches that align to professional and government guidelines. Using a developmental framework, schools will evaluate current mental health practices, identify gaps, develop and strengthen these and work towards building an emotionally healthier environment. Through this process, schools commit to making mental health a strategic priority and developing a positive culture that promotes mental wellbeing for everyone.

The award takes a whole school approach to Mental Health and covers eight areas .

Why Attain the Award?

Improves pupil and staff self-confidence, resilience and mental health.

Improves pupil outcomes.

Creates a culture of awareness of mental health, tolerance and acceptance, helping to reduce behavioural problems and promotes positive mental health strategies.

Increases staff retention rates and attracts high calibre staff.

Demonstrates commitment to adhere to professional and government guidance.