

VAT Number: 224 8012 38
Company Number: 09550258

Fitness Challenge Days

This programme supports:

1. Tackling the national obesity crisis
2. Meeting Chief Medical Officers guidelines for 60 minutes of physical activity each day
3. Promoting and raising the profile of being physically active and maintaining a healthy active lifestyle

Why a school should buy?

- Our Fitness Challenge Days include one full day at the start and one full day at the end of a measured period of time which you decide (*e.g.* September and June.)
- Using specifically designed, fun and engaging tasks, alongside the latest software to measure pupil fitness, Fitness Challenge Days are a great way to measure the impact the Pupil Premium funding is making in your school.
- Includes; leadership opportunities within each day and full analysis of results.
- (Based on 1 class per year group. Please increase quantity when booking for additional classes per year group)

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For further information about any of our services:

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