

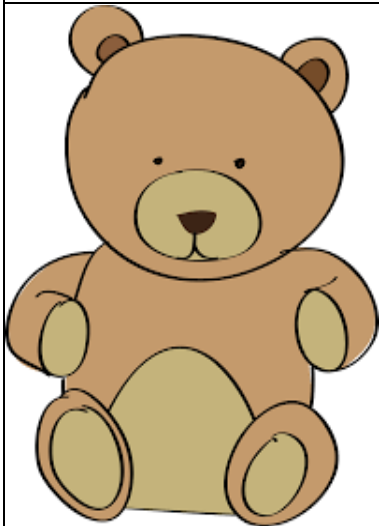


## Mary, Mary Quite Contrary

*Mary, Mary quite contrary,  
How does your garden grow?  
With silver bells and cockle shells  
And pretty maids all in a row*



- Say the first two lines of the rhyme, encouraging your child to curl up into a tiny seed and then slowly uncurl and grow into a flower.
- For the next lines skip around in a circle holding hands.
- Try singing the [Flower Bud](#) song by the Kiboomers. Add hand actions for *flower buds, sunshine, raindrops, open flowers, one by one*.
- Listen to the [Flower Duet](#), performed by Edsential Music Tutors. Use floaty material or scarfs and twirl, uncurl, sway, float around the room. You could try making a flower collage out of brightly coloured materials or paper as you listen. If you enjoyed our video or would like additional support and resources for EYFS Creative Music-Making, please email [music@edsential.co.uk](mailto:music@edsential.co.uk) or call 0151 541 2170



## Round and Round the Garden

*Round and round the garden  
Like a teddy bear  
One step, two step,  
Tickle under there!*

- Have fun adding actions to the rhyme- trace circular movements with your index finger, on the palm of your child's hand.
- Slowly walk your fingers up your child's arm – '1 step, 2 step..
- Then tickle your child under their arm - 'And a tickle under there'.

Explore a variety of sounds, maybe making instruments – these can be homemade. Find different ways of playing them and ask your child, 'Can you make a swirling sound? Can you make footsteps with your instrument?'





**This is My Garden** – say this rhyme and do the actions together

This is my garden, (*extend palm of hand facing up*)

I'll tend it with care, (*stroke palm with fingers of the other hand*)

And then some flower seeds, (*scatter pretend seeds on palm, or tickle your child's palms*)

I'll plant them right there (*point to the middle of your palms*).

The sun will shine, (*circular action with your hands*)

And the rain will fall, (*fingers flutter down*)

And my garden will blossom and grow straight and tall (*cup hands and 'grow' fingers upwards like flowers*).



### **Mulberry Bush**

*Here we go round the mulberry bush  
The mulberry bush,  
The mulberry bush,  
Here we go round the mulberry bush  
So early in the morning.*

*This is the way we wash our hands....*



As you sing the song, dance or skip around in a circle. Add extra verses with actions for everyday routines such as:

*This is the way we **brush our teeth**.....*

*This is the way we **comb our hair**.....*

*This is the way we **tidy up**.....*

- Try singing it **fast** then **slow**, then **loud** then **quiet**
- The rhythm of the rhyme has a bouncy, skipping feel to it. Ask your child to bounce or dance their favourite teddy bear on their knee as you sing it together.
- Or listen to '[Country Garden](#)' as you do this.

