



MUSICIANS AT HOME

Week 2

Music at Home uses a variety of websites, videos, books and songs to create an interactive fun learning experience. As with all online and musical learning programmes, please take appropriate measures to ensure your child's safety. We respectfully suggest that children are not left unsupervised when completing tasks, especially for the online activities. Edsential is not responsible for external sites which may contain inappropriate images and content unsuitable for children

1 How do you start your day?

Singing is a great way to start the day. Get as many people as possible joining in and spread those positive vibes. You could even make up your own dance routine?

[Wiggle Jiggle](#)

2 The left, right challenge.....

Why not try the NYCOS daily challenge, 'I left my luggage' Start by tapping the pulse and saying the rhyme slowly line by line. Then work on mastering the left, right coordination pattern.

[NYCOS daily challenge](#)

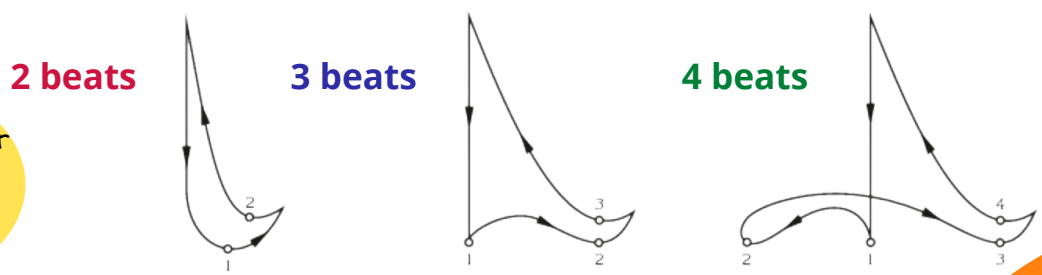
Pulse and rhythm

3 Calling all conductors.....

Ever wondered what the person standing at the front of an orchestra is called? A **conductor**. They often use a stick called a **baton** which they wave using certain patterns. This helps the musicians play in time. Can you help Sir Simon Rattle **conduct**? Click on the link below:

[London Symphony Orchestra](#)

- Use a prop such as a ruler, pencil or wooden spoon
- Hold it in your right hand and practise the patterns below
- Beat 1 is also know as the downbeat



Which pattern is Sir Simon using to conduct the LSO?

