



MUSICIANS

AT HOME



Music at Home uses a variety of websites, videos, books and songs to create an interactive fun learning experience. As with all online and musical learning programmes, please take appropriate measures to ensure your child's safety. We respectfully suggest that children are not left unsupervised when completing tasks, especially for the online activities. Edsential is not responsible for external sites which may contain inappropriate images and content unsuitable for children

Week 4

1

How do you start your day?

Singing is good for your mind and your body. It can improve lung capacity, circulation, posture, confidence and self-esteem. It can also improve your mood. Why not try this song called:

Just Sing

2

Did you know.....?

The **bodhrán**, pronounced 'bow-rawn', is a traditional Irish drum played with a beater called a 'tipper'. Click on the link below to learn how to play the **bodhrán** with Rosie Wright:

The Bodhrán



3

Listen to this..... Reel Around the Sun

This piece, from the theatrical show 'Riverdance', will have you tapping your feet and jigging along. Made famous in 1994, it features Irish dancing, and a fusion of rock and Irish folk music.

Can you play the **reel rhythms** below? You could use a hard back book and a wooden spoon for your **bodhrán** and **tipper**.

Tips for 'tipper' grips

- **D** means 'down' stroke and '**u**' means 'up' stroke.
- Say the actions out loud as you play; i.e *Down, rest, down rest.*

1

2

3

Play along with Sally. Avant