



Week 4



1 Let's sing to see what's in the box!

Learn the song with John and see if you can find out what is in the box, can you play this game with someone at home?

'Sailor Sailor on the Sea'

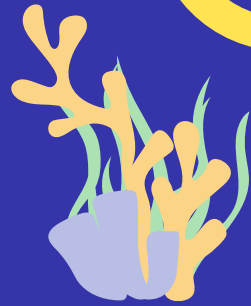


2 It's time to dance under the sea!

Let's dive down to the bottom of the sea, what will you find? Maybe fish, seaweed and bubbles?

Follow the movements while you're listening to -

'Aquarium' by Saint-Saëns

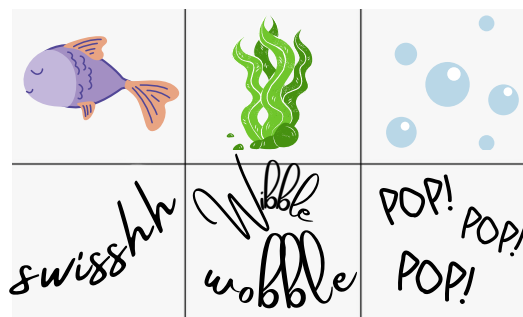


3 Create your own 'Under the Sea soundscape'!

Move your hand like a fish and say "swisshh".

Wiggle your body like the seaweed and say "wibble wobble"

Pretend to pop bubbles and say "Pop pop pop!".



Ask a grownup to help by pointing at the pictures whilst you perform the actions

- Now try the movements and sounds in different orders.
- Can you think of any more 'under the sea' movements and sounds you can make? "blub blub blub..."
- Ask a grownup to film your 'Under the Sea soundscape', maybe you could dress up?