**CONWAY CENTRE MENU 2024**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Bacon, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Croissant (V)  Fresh Fruit  Toast with Butter & Jam (V) | Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Sausage, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Croissant (V)  Fresh Fruit  Toast with Butter & Jam (V) | Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Bacon, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Cinnamon & Raisin Bagel (V, VG)  Fresh Fruit  Toast with Butter & Jam(V) | Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Sausage, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Croissant (V)  Fresh Fruit  Toast with Butter & Jam (V) | Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Bacon, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Cinnamon & Raisin Bagel (V, VG)  Fresh Fruit  Toast with Butter & Jam (V) |
| **Daily Packed Lunch Option** Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available  Selection of Fruit  Biscuit  Crisps | **Jacket Potato/Deli Bar**  Jacket Potato  Hot /Cold Baguette  served with a selection of fillings.  Served with Mixed Salad & Coleslaw | **Pasta Bar**  **Daily Packed Lunch Option** Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available  Selection of Fruit  Biscuit  Crisps | **Jacket Potato/Deli Bar**  Jacket Potato  Hot /Cold Baguette  served with a selection of fillings.  Served with Mixed Salad & Coleslaw | **Pasta Bar**  **Daily Packed Lunch Option** Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available  Selection of Fruit  Biscuit  Crisps |
| Maccaroni cheese with Garlic bread  Pasta Arrabiata (V, VG) with Garlic Bread  Haddock Goujons and Sauté Potatoes  Seasonal Vegetables /Mixed Side Salad  A selection of desserts | Pasta Bolognese served with Garlic Bread  Margaritta Pizza  Served with chips (V)  Salmon & Sweet Potato Fishcakes served with chips  Seasonal Vegetables /Mixed Side Salad  A selection of desserts | Chicken goujons  Cottage Pie  Cheese and Onion Pasty (V)  Potato wedges  Seasonal Vegetables /Mixed Side Salad  A selection of desserts | Chicken Curry, Naan Bread & Rice  Chickpea & Lentil Curry,  Naan Bread & Rice (V, VG)  Battered/Breaded Fish served with Chips  Seasonal Vegetables /Mixed Side Salad  A selection of desserts | Beef Bolognese served with Garlic Bread,  Vegetarian Meatballs and Pasta in Tomato Sauce  Breaded Chicken Burger, Lettuce Mayo in a bun served with Chips  Seasonal Vegetables /Mixed Side Salad  A selection of desserts |

(V) - suitable for Vegetarians, (VG) - suitable for Vegans - Many of the dishes can also be made to meet the needs of Vegetarians/Vegans on prior request. All dishes are subject to availability and may change at short notice

**CONWAY CENTRE MENU 2024**

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| **Saturday** | **Sunday** |
| Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Sausage, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Croissant (V)  Fresh Fruit  Toast with Butter & Jam (V) | Apple/ Orange Fruit Juice 100ml  Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)  Bacon, Scrambled Egg, Baked Beans.  OR  Vegetarian/Vegan Breakfast  Veg Sausage (x2), Tomato, Beans, Scrambled Egg  OR  Croissant (V)  Fresh Fruit  Toast with Butter & Jam (V) |
| **Jacket Potato/Deli Bar**  Jacket Potato  Hot /Cold Baguette  served with a selection of fillings  Served with Mixed Salad & Coleslaw | **Pasta Bar**  **Daily Packed Lunch Option** Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available  Selection of Fruit  Biscuit  Crisps |
| BBQ Chicken(H) Served with Savoury Rice  Macaroni Cheese served with Crusty Bread  Vegetarian Chilli Fajita  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts | Roast Chicken Lunch served with all the Trimmings  Cauliflower and Broccoli Mornay (V)  Cheese and Tomato Quiche (V) served with Jacket Potato  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts |

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